

ANACORTES SENIOR COLLEGE

Fall Term, 2018
October 9 – November 15

Schedule of Courses

Classes meet on Tuesday or Thursday afternoons, 3:30-5:30

at the

Anacortes Middle School

M Ave. & 22nd St.

Website: seniorcollege.org
Email: info@seniorcollege.org
Phone: 360-503-1255

Tuesday Afternoons

Anacortes History (3 weeks: 10/30, 11/6, 13)

Join Bret Lunsford, the Anacortes Museum's Maritime and Education Curator, for a three-week focus on Fidalgo Island. The class will sketch an eclectic overview of history to explore how Anacortes has evolved. We will "follow" the shoreline for a waterfront perspective on history, delve into the development of our wealth of parks and forests, lend an ear to the music history of our island and detour into other fun stories with a guest or two, plus oral, film, and video history clips.

Instructor: Bret Lunsford

Bret is a 56-yr old historian, writer, & musician who grew up in Anacortes and, in his youth, worked in local salmon canneries and on fishing boats in Puget Sound & in Alaska. He is the author of Images of America: Anacortes (Arcadia Publishing), and has compiled a new book – Croatian Fishing Families of Anacortes – about his hometown's unique place in the history of the Pacific Northwest.

* * *

Civilizations and the Sea

Throughout history, peoples have gone to the sea, driven by desires for food, wealth, war, and new lands to settle. Some found riches and fertile continents, others found only disaster. We will explore, in this course, familiar and unfamiliar paths and peoples from ancient to modern times, including some excursions and events that molded history. We shall also look at the exploitation and potential decline of this wonderful resource – our oceans.

Instructor: Jim Strong

Jim received his B.A. in Chemistry from Southwestern at Memphis and his M.S. from the Univ. of Tennessee, Knoxville. He taught Chemistry, Geology, and Oceanography in Michigan and Pennsylvania and retired in 2005 after 20 years at South Puget Sound Community College in Olympia. In addition, he spent five years in research and development in the steel industry.

* * *

Industries of Anacortes

Back by student request, this popular series will again explore six of the many industries & services based in our local economy. The course will include representatives from the Port of Anacortes, Shannon Point Marine Center, Anacortes Waste Treatment, SVC Marine Technical Center, Rockfish Grill/Anacortes Brewery, and Andeavor refinery.

Facilitator: Tom Kuhn (past president of Anacortes Senior College)

Several guest speakers will give presentations and answer questions.

Memoir Writing

Your life is unique. You can find meaning in your life from writing your story and sharing it in confidence with others who are writing theirs. Learn about writing tools and memory prompts to help you prime the pump. People who think they can't write will be surprised at how well they actually do, because they write about material that means so much to them. (Class size limited to 10 students.)

*Instructor: **Teru Lundsten***

Teru began writing seriously in her thirties, in a class much like this. She belonged to an autobiographical writing group for 17 years, but also wrote in other genres, eventually becoming a journalist. She found her calling writing profiles of many different people, which led her to become a personal historian. For several years she helped people preserve their life stories by writing personal history books in the narrator's voice, and served as the WA chapter chair of the Association of Personal Historians. She has taught memoir-writing at several venues in Anacortes, mostly at the ASC, and is now editing her own early memoirs.

* * *

The Archeology of Jordan -- Petra (3 weeks: 10/9, 16, 23)

Made famous by Indiana Jones and one of the seven wonders of the world, the archeological site of Petra, Jordan, has long been shrouded in mystery and has drawn visitors from around the world to its sandstone cliffs and monumental architecture. It is rich in archeological and cultural remains from the Stone Age through modern times. Our class will cover Petra from the Stone Age through the Iron Ages, Nabataean and Roman times, and from the Byzantine Period to today.

*Instructor: **Douglas Clark, Ph.D.***

Dr. Clark, retired on the Olympic Peninsula from a life-time career in university education, continues as Director of the Center for Near Eastern Archeology at La Sierra University in Riverside, CA, as well as Director of the Madaba Plains Project excavations at Tall al-Umayri, Jordan. He completed his Ph.D. in Hebrew Bible at Vanderbilt University. He has authored and co-edited eleven volumes and over 180 articles, and made more than 185 presentations worldwide.

* * *

Thursday Afternoons

Anacortes Parks & Recreation--It takes a community (3 wks: 10/11,18,25)

Learn about the history and details of our Anacortes Community Forestland, Washington Park, Causland Park, and our entire park system in this three-part class that will also spend some time on current events and all the exciting things going on in Parks & Recreation.

*Contributors: **Gary Robinson, Bob Vaux, Jonn Lunsford, Bret Lunsford***

***Gary** has a degree in Leisure Services from Central Washington University. He has worked for the City of Anacortes for over 33 years and is now Director of Parks & Rec. **Bob Vaux** has worked for the city and county for nearly 30 years in multiple jobs, now as manager of Washington Park. **Jonn**, a native Anacortesian, is the Parks and Forestlands manager. **Bret** is our local historian who is the Director of the Anacortes Museum.*

Charismatic Megafauna of the Salish Sea (3 weeks: 10/11, 18, 25)

This course seeks to improve students' abilities to identify the larger and more iconic species of marine invertebrates, fishes, and – especially – mammals inhabiting local waters. Inclusion of interesting characteristics of life histories should also increase appreciation and conservation of these animals.

Instructor: Bob Weathers

Although Dr. Bob Weathers' formal training and professional career focused primarily on applied human biology, 55-plus years of scuba diving indicates a strong interest in things under the water. He was an active SCUBA instructor for 40 years and served as University Diving Officer during his 32 years as a professor of Exercise Science at Seattle Pacific University. Since retiring and moving to Anacortes in 2010, he has spent much of his time "pretending to be a marine biologist" in a variety of volunteer capacities and obtained marine naturalist certification from the Whale Museum in Friday Harbor.

* * *

Four-seasons Gardening (3 weeks: 11/1, 8, 15)

More specifically – "**Four-season organic gardening in the maritime pacific northwest**". An introduction to home gardening techniques for producing fresh vegetables year-round. Crops to be discussed include: tomatoes, peppers, overwintering brassicas, gourmet greens, Oriental varieties, leeks, onions, garlic, as well as winter cover crops. Planting schedules, crop rotations, row covers and grow tunnels, raised beds, soil preparation, plus storage and harvesting tips, as well as a few select recipes.

Instructor: Peter Heffelfinger

Peter has gardened on Fidalgo Island and the Samish Flats for over 35 years. He has given talks at the WSU Extension, Skagit Men's Garden Club, Fidalgo Transition Eat-Your-Yard series, and the Skyline Women's Garden Club. He is currently a garden columnist for Whatcom Watch monthly and Fidalgo Living magazine. He has taken many classes at the Senior College and is glad now to give us some of his acquired knowledge!

* * *

History of Skagit Railroads & Logging (3 weeks: 11/1, 8, 15)

A vast collection of old photos, maps, travel logs, and descriptions of the Anacortes railroad enterprise that extended 38 miles inland to Rockport. Included will be pictures and descriptions of early locomotives, route maps, and logs of times and costs before the automotive age.

We will also delve into the beginnings and development of logging in the Puget Sound area, especially the methods of transporting logs by railway, rivers, and ocean rafting – from steam locomotives and livestock to tugs and trucks.

Instructor: Eric Erickson

Eric is the author of more than eight logging and sawmill history books and has had 30 years of extensive railroad travel in northwestern America. The retired Manager of Engineering Services for the Seattle Water Dept, he serves as a board member of several history organizations and museums, and has presented countless interactive slide shows on logging, sawmilling, and railroad histories in northwestern Washington.

Microorganisms of the Salish Sea (3 weeks: 11/1, 8, 15)

Though we all love the colorful sea stars and frolicking otters, it's the tiny world below that keeps our Salish Sea ticking. Learn about the hidden majesty of life that flourishes in our local waters and beyond. In this class, we will explore the secret world of plankton and look at how these microscopic organisms play vital roles in ecosystems of the Salish Sea.

Instructors: Chandler Colahan & Susan Wood

Chandler Colahan is the Education Specialist at the Padilla Bay National Estuarine Research Reserve in Mt. Vernon, WA. She has a B.A. in Ocean Science from Western Washington University and has taught environmental science in the Pacific Northwest for nearly 20 years. When not exploring the mudflats with students, you can often find Chandler exploring the waters of the Salish Sea looking for wildlife.

Susan Wood is the Education Coordinator at the Padilla Bay Research Reserve, where she's been teaching people of all ages about estuaries since 1988. She has a BA in Environmental Studies from St. Olaf College in Minnesota and Med in Environmental Education from Slippery Rock University in Pennsylvania. She lives near Lake Erie on Fidalgo Island.

[**Note:** all classes will be held at the **Breazeale Interpretive Center**, just north of Bayview. From stoplight on Highway 20 (at the Farmhouse Restaurant) take the Bayview Road north 5 miles; just past the State Park]

* * *

Our Amazing Constitution

An introduction to the unique governmental system created by the U.S. Constitution of 1787. We will explore the principles and operation of the separation of powers, federalism, individual rights, and representative democracy—all original experiments at the time! We will also examine how and why it has been modified over the last two centuries, and the political crises we face today. This is the basic civics class that should be familiar to all American students, but which will be far more understandable and relevant to those who have lived under its umbrella for many decades. Current events and class discussions included. Pocket Constitutions will be supplied.

Instructor: Michael Newbrough, Ph.D.

Michael holds a BA in French and an MA in Political Science from the Univ. of Nevada, and a PhD in Political Science from the Univ. of California, Santa Barbara, and was a Fulbright Scholar (graduate study in International Relations) at l'Université de Paris. He was a professor in the Dep't of Economics, History, and Political Science at Palomar College in San Marcos, CA for 30 years. He has found refuge in Anacortes for the last 15 years.